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Graduation Checklist

This checklist must be completely filled out and signed by the student and parent. Your rank registration will not be accepted if everything is not completely filled out.

- Rank Registration filled out completely (belt size is required) and PAYMENT ATTACHED – **REGISTRATIONS and PAYMENTS are due by NO LATER than** _____
- Fees:** First Graduation = \$60; second family member in same exam = \$60; Third member and beyond will be \$30 each graduation. **Please make checks payable to: You Can Do It, LLC**
- Power Goals set and date given
- Parent/Teacher Questionnaire filled out (for students under 18) and signed by appropriate adult and child
- Copy of most recent report card.
- Earned attitude stripes. *Parent initial here* _____
- Purchased/Ordered Appropriate Stage required gear
- Curriculum stripes: Red (Technical Kicks/Belt Stretch). Yellow (Forms), Green (self-defense), Blue (Combinations)

Stage 1 Requirements	Stage 2 Requirements
Chops	All Stage 1 Gear
Kicks	Groin Support (Males)
Mouth Piece	Head Gear
Belt Stretcher	Shin Guards
	Chest Protector

Student Signature/Date: _____

Parent Signature/Date: _____

Graduation Date: _____

Rank Testing To: _____ **Belt Size:** _____

Name: _____ **Age:** _____ **Sex: M F**

Home Phone: _____ **Work Phone:** _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Intent to Promote

Student Name _____ Rank Testing To: _____

TEACHER QUESTIONNAIRE

Dear Educator,

Your student is also a student at the SmartCoach Center in the Martial Arts for Academic Success Program and he/she has chosen you to answer some short questions for us. The purpose of our art is not only to teach kicking and punching, but also to develop responsible and honorable attitudes in all areas of life, especially in the classroom.

Sincerely,
SmartCoach Center Staff

1. My student is attentive and respectful during class time.
a. All of the time b. Most of the time c. Some of the time d. Needs work
2. My student is respectful, courteous, and kind to his/her classmates.
a. All of the time b. Most of the time c. Some of the time d. Needs work
3. My student turns in his/her homework on time.
a. All of the time b. Most of the time c. Some of the time d. Needs work

Signature: _____ Printed Name: _____ Subject/Grade: _____

PARENT QUESTIONNAIRE

Dear Parent,

1. My child respond to my request with "Yes sir/ma'am"
a. All of the time b. Most of the time c. Some of the time d. Needs work
2. My student is respectful, kind and courteous, and kind to his/her siblings (if applicable).
a. All of the time b. Most of the time c. Some of the time d. Needs work
3. My student keeps his/her room neat.
a. All of the time b. Most of the time c. Some of the time d. Needs work

Signature: _____

Power Goals

List 2 Power Goals that you wish to achieve in the next 4-6 months. Make sure that your goals are specific, have a definite time to be completed, and a plan of action. Make sure the goals are your goals! (Parents of young children may help to set the goals.)

Wimpy goal: My goal is to kick high next year. I will achieve it by practicing every day.

Power goal: My goal is to be able to do a head side kick by March 28th. I will achieve this goal by doing 10 slow side kicks on each leg every day.

Power Goal #1 and Plan of Action: _____

Power Goal # 2 and Plan of Action: _____

